



ACADEMY OF ANCESTRAL WISDOM

Superior Course in Theurgy, year 8



Tools For a Personal,
Spiritual Development — Part 1

Lesson 299

By Ven. Master T. A-O Domingo Días Porta

Welcome:

May your stay in our city be pleasant, it is a pleasure to have you here. "Teachings of a Master" ... a message with the gift of healing, with the strength of knowledge, and the magic of love.

Let's receive the Master with a strong applause... so that later and if he is willing and ready to begin the conference, we will give him the presentation with this Great Conference "Tools for a personal, spiritual development" given by our Master, Great Spiritual Master of our Order, whom we have the honor of receiving and we are very grateful and very happy that he is here to receive his teachings.

Well, dear spiritual friends, it is a pleasure to be here with you. I see your restlessness to learn about the mystery of life. We are not a regional, local movement. It is not limited to any country; it is more than an international movement, it is a world movement oriented towards all of Humanity, to prepare the peoples for the new civilization. Our movement, which is neither religious nor political in nature, began in France in 1916 with the birth of our Grand Master, Dr. Serge Raynaud de la Ferrière. In his early years as an adult, he lived the life of every human being. He had his profession, worked, and traveled. One day, he had an encounter with a Master, who came from Tibet, who made him see that our Master had a mission to fulfill with Humanity.



And Dr. de la Ferrière asked him, "And what is that mission?"

His Master Sun Wu Kung told him, "If you have a mission, you have to know what your mission is. Study, you have to discover it."

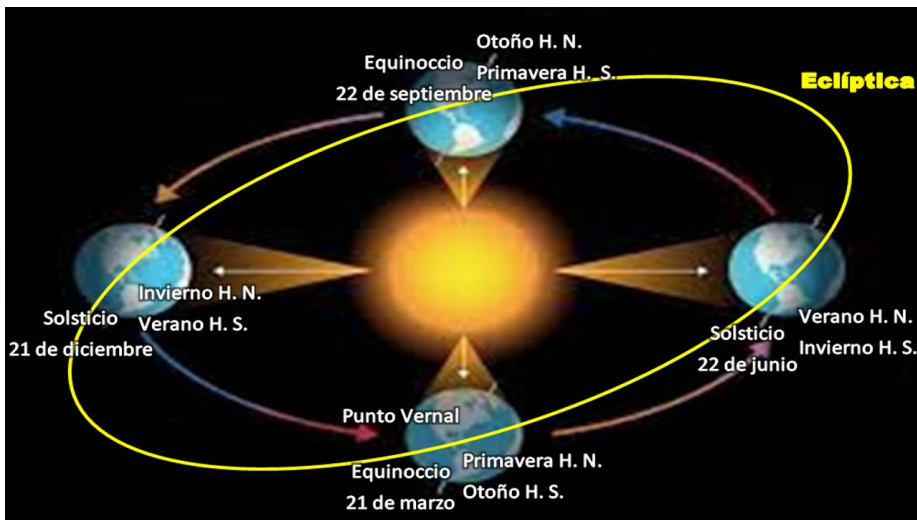
"But how do I go about discovering it?"

He told him, "Meditate, go into the forest by yourself, meditate, silence your mind, and your soul will speak to you, what it is that you bring in your destiny."

And he retreated in the forest several times. In addition to the retreat, as he was a student astronomy and astrology, he realized that a great change was coming to the Earth and to Humanity. And so, in those meditations he understood that a Great Instructor was going to come to the World at the moment when the Era of Aquarius began astronomically. And he searched, he informed himself, he read the news, and no Great Master appeared.

And in his meditations, he finally had an Enlightenment and understood that he was The Chosen One. He began to prepare himself; he spoke with his Master. The Master confirmed that he had to fulfill that mission. And the day came when he left for America. He was prepared, with the certainty that a great change was really coming to start a new civilization. And with the ancestral wisdom that he received, he realized that Europe had already fulfilled its role as the cultural center for Humanity, which ended with the second war that took place in Europe. Europe declined, it weakened; instead, America, through the north, became the first world power.

He then proved that the new civilization would have its center in America, and no longer Europe nor Asia. Europe and Asia are one continent, Eurasia: Asia to the east and Europe to the west. So, Europe was the political, cultural, military center of the old civilization that still exists today, now two thousand years old. And Asia was the spiritual foundation of this civilization that we call Western today. Thus, America then has to be the center of the Era of Aquarius.



The passage of civilizations is marked in the stars, just as the Three Wise Men understood two thousand years ago, by studying the stars, that a new cycle was going to begin, a new civilization that was called Christian, by studying the stars. And thus, with the study of the stars of the Zodiac, in its movement of the precessional equinox, the sun is marking the passage of civilizations, its beginning and its end. There are twelve constellations in the astronomical Zodiac apart from the twelve signs

of the intellectual zodiac. And every two thousand years the Sun changes on March 21, the spring equinox, from one constellation to another. So, two thousand years ago the Sun entered the constellation of Pisces, the Fishes, called the fishers of men. They have been meeting for two thousand years until 1948 in the constellation of Pisces, the Fishes.

Each constellation is 30° in size, in astronomical degrees, and every seventy-two years the Sun advances one degree. And during that advancement, a civilization develops, apart from changes in nature: climates, new species, etc. So, in 1948, in the last century, the Sun entered the constellation of Aquarius for the first time. It is called the retrograde movement of the vernal point; that is, the point where the Sun marks the beginning of spring is going backwards. Not from Aries to Taurus, but from Aries to Pisces, Aquarius, etc. So in that year, 1948, for the first time the Sun, on the day of spring, the spring equinox, appeared before the stars of Aquarius announcing an era of peace.

The second war, called the World War, but in reality, it was European, ended in 1945, closing this cycle with atomic bombs. Then in 1948 there were signs on Earth of the beginning of another way of living: the United Nations was founded; peace treaties were made between countries that were at war with each other. So, those were the first signs, the precursor symptoms of the Era of Aquarius. So our Master, Dr. Raynaud de la Ferrière, is the Great Messenger of the Era of Aquarius. When everyone was expecting the third world war, the atomic war, the end of the World, he was a solitary voice, crying out as if in a desert, that an era of peace, of culture, of science, was coming, not so much of belief but of science, and that the center was going to be America.

So he set sail. At that time there were still sea voyages, aviation was not so developed. The Era of Pisces, as it is a water sign, sea navigation predominated: naval empires, naval battles, discoveries by sea, maritime mail, etc. Some of us had the experience of that time. Most of you, well, were born after 1948. I was born in 1930.

Well, then, he knocked three times in America to see if he would meet the one who was waiting for him, and a group that would be a precursor movement that would realize what was going to happen. When a new civilization begins, there is always a Great Messenger, an Envoy from Heaven, it is said, because he comes in the name of the Zodiac, what the sun marks in the spring. And he knocked first in the United States. He was received, a small group was organized, but the majority had concerns, but did not understand the change that was going to happen. Then he went to Central America, to Guatemala, the second knock, let's say. He was knocking from door to door. And the third one was in Venezuela. And there he found a man who was waiting. He didn't know who he was, but this man in Venezuela, in a serious condition, on the verge of death, had a revelation that he should prepare a group for a spiritual Guide who was going to arrive in the country.

Then, this man, Dr. José Manuel Estrada, our Elder Brother, formed a group to do esoteric and philosophical studies, and he told them that they should prepare for an encounter with a being who was going to arrive in Venezuela. This happened for ten years as he waited. In 1948, in January, in a newspaper in Caracas, Venezuela, there was an interview at the airport with the Maestre, Dr. Serge Raynaud de la Ferrière. And the headline read, "I have come to see who is ready to receive the great internal lesson." They took the press clipping to the Elder

Brother, Master Estrada, and he said, “This is probably the man, the man I am waiting for, but I must ask him questions to see what he brings. To see if he is coming for Humanity, or to create a new sect.”

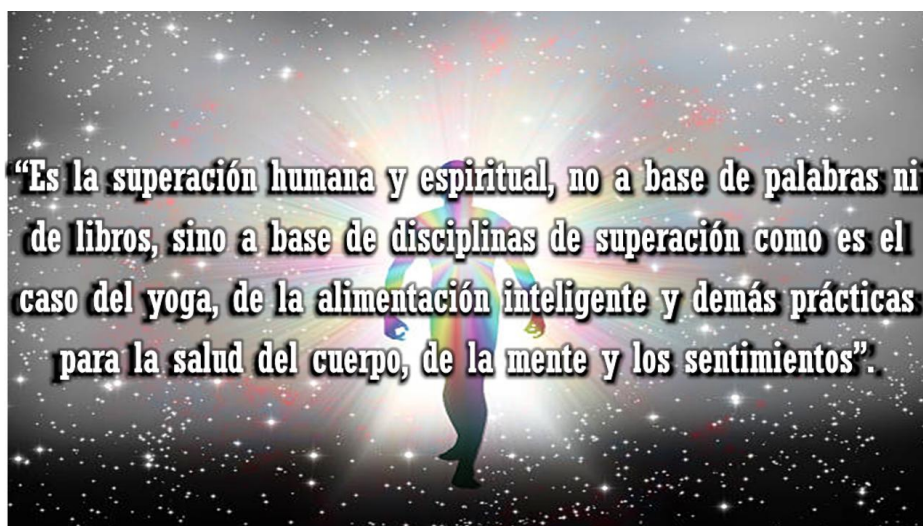
And so, they called the newspaper and were told that the Maestre de la Ferrière and his wife are staying in certain a boarding house. They went to look for him and in there, they both recognized each other. The Elder Brother told him, “I have been waiting for you for ten years. Here is a group to put at your feet.” And Maestre de la Ferrière answered him, “You are the man I had to find in America.” There they embraced each other and founded the Aquarius Mission, to announce the Era of Aquarius through a precursor group. At that time Master Estrada had about twenty people in esoteric studies with the hope that someone would arrive.

Fine, this is how this movement began. The first groups were established in America, since America was going to be the center of the Era, in California, Mexico, in all the countries of Central America. In South America, in Venezuela, naturally, since it was the meeting between the two Masters, the first group was in Venezuela. Later, another group was founded in Peru. And as the years went by, there was worldwide recognition, and now everywhere there is talk of the Era of Aquarius, of the New Era, (the “New Age”); even the “New Age” has become a business. There is already a recognition in the collective consciousness of Humanity.

And what does the New Era bring? Human and spiritual improvement. An era of peace, of culture, where science, research, and study predominate. In the past two thousand years there were no universities like there are everywhere today. There was no printing press, there were no publishing houses, there were no bookstores, there were no books available to everyone. So it was a time of a generally low cultural level, even though there was art, there was science, on a small scale. From the year 1948, the great development of scientific research began, starting with the conquest of the atom, and the development of international meetings to remove those borders that isolate us, that separate us, where each person in his own land believes that his country is the best in the world and knows nothing about the rest of the planet. All those borders of ignorance and separation between countries started to fall.

Today, thanks to the Era of Aquarius, in an instant we know what is happening anywhere in the world, even if it is in the most distant land. So, humanity is gradually becoming one big family, breaking down the borders that separate us: political, national, ideological, religious borders; we no longer care about that. We are interested in dialogue, in the embrace, in peace reigning in the world. In there being no persecution or war for ideological or political reasons, for any hatred, for anything from the past. In clearing the memory of the peoples so that the future can flourish.

So, among what the Era of Aquarius brings, and this is what we present to you and everywhere, is this human and spiritual improvement, not based on words or books, but based on disciplines of improvement. As is the case with Yoga, intelligent eating, and other practices, both for the health of the body and for the health of the mind. And of feelings, because there are also illnesses in feelings and thoughts.



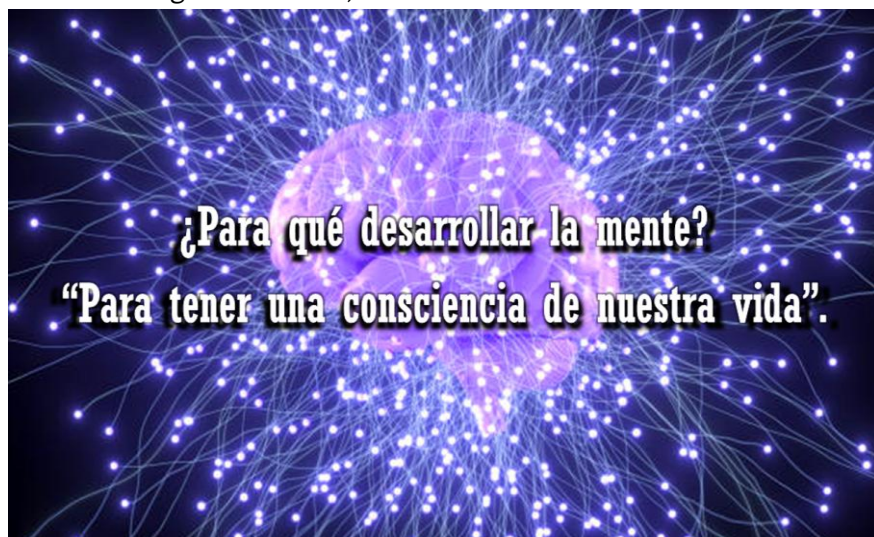
So, it is a comprehensive health system, without the need for pills or surgeries, things like what has been done up until now; but rather, that each human being understands that he is responsible for his health, that he should not neglect himself and get sick and then want the doctor to cure him. What would the doctor say? “You got sick, you cure yourself. I can help you but don't think that I am going to cure you.” You must cure yourself of your ignorance in your diet, in your way of thinking, in your way of treating others, in your conduct at home, at work. And then, the doctor says, “I am willing to help you, but if you assume responsibility for yourself.”

We are equipping all those who are interested in these techniques of self-improvement, of health, not only the body, because the illness of the body comes from the mind. Let us not blame the microbes, the environment, pollution, viruses, because then we become irresponsible for our well-being, our health. And we want to dedicate ourselves, because we are used to war, to killing microbes, viruses, animals, forests, etc. That does not lead us to happiness.

Yoga, that very ancient discipline, that was limited before to a few people, has now become popular throughout the world. There is the International Day of Yoga, on that day thousands and thousands of people gather in the big cities to celebrate the spread of Yoga. But you have to understand well what Yoga is, because many people believe that it is simply a physical exercise, because it is the first thing that is presented. And it is presented like that because it makes it easier for people to understand what human improvement is, starting with the body: learning to relax, to get rid of the anguish of the mind, of the feelings, of the way of seeing life, the culture of the body.

Then they are taught breathing [techniques]. In general, we do not breathe deeply in cities because we lead a very sedentary life, always sitting at home, at work, in the car, in short, little physical discipline, and we fall into a routine. We have to expand our lung capacity. The brain works with oxygen, the main food for the brain. When breathing is not deep, the brain weakens; there is loss of memory, loss of reasoning. People get carried away by propaganda, by promises, because they do not have mental autonomy.

Then progressively, they are taught meditation, a moment of silence within their mind, starting by restoring so much thought in the head, so that in that silence the mind becomes calmer, and the higher faculties of the mind



awaken, the capacity to think, reason, imagine, visualize. Why develop the mind? To have an awareness of our life, to act intelligently in the face of life's difficulties, to not let ourselves be depressed, and become distressed by things that happen, but to understand that life is an adventure, a challenge. And from these practices, then, the Initiatic colleges are created. The Initiatic colleges are no longer for the public, but for those of the public who wish to be disciples. Disciples of this ancient wisdom.

And in this college, then, knowledge is given, studies are made about the history of Humanity, the true origin of Humanity, what we really are beyond the body. The body is disposable, it is a tool that one day must be returned to Mother Earth. As one sees, I see the very elegant, very luxurious cars on the street, and on the road there are so many clunkers, so many carcasses of cars, trucks, etc. And that is the destiny of everything that exists: to reach the end. A civilization ends, there are only ruins. Another civilization comes and again, when its time is up, ruins! To every little animal, comes its final day, to every tree, to every forest, to every human being. Not to the human being, who finishes his destiny, and therefore has to give up his uniform, his body, the earthling uniform.

To be on Earth we need a body made of earth. What one eats, the food that one eats is taken from the earth, is earth converted into fruit, vegetables, legumes, etc. Those who eat meat, well, earth converted into animals.

Well then, little by little the disciples awaken their inner vision and there comes a day when they will also be Masters of Humanity; they are distributed throughout the World. The Masters are always few, and there all the people who want to get out of ignorance and want to learn about the mystery of life. The central discipline was, as I was saying, Yoga. Yoga comes from the Sanskrit language of India. That language is no longer spoken, like Latin, it is a dead language. But the technical vocabulary of Yoga is based on Sanskrit. The Sanskrit word Yoga means **union**. In Spanish we have that root from Sanskrit. There is a word called conjugal, “Yug”, yoga comes from yug >

to unite, Yoga, the science of union. Conjugal, to unite, to unite, the yoke, to yoke two oxen, to unite two oxen. Thus, in Spanish, there is also the syllable yug, to unite.

“To unite with what?” we would ask in yoga. What does Yoga want to unite? Well first of all, it wants to unite on a body, the consciousness of your body that you have, with the consciousness of your being that you do not yet have. You only know your name and surname, you are not that, that is something your parents gave you. They gave you a height, a weight, an age; you are none of that.

So, through the techniques of study, meditation, reflection, universal philosophy, not the philosophy of a philosopher but what nature inspires, we go to the discovery of what we are, to the encounter with ourselves. Master Jesus Christ, he said two thousand years ago, “Let your body be your temple.” That phrase must be meditated on. If you find a temple, who officiates in that temple? So, there begins a meditation. If the Great Master says that the body, “be your temple”. Not that it is. He could have said: right now it is a garbage dump, a pharmacy, a canteen, etc. But “**let it be**” as a wish, what was designed by GOD to be the dwelling place of the spirit.

So, that phrase, by investigating who exercises the priesthood of life in the body temple, we get closer to our being. In that moment of silence when we withdraw, a moment when we are alone, when there are no distractions, we get closer to our being, beyond the name and surname, the face, the nose, the size of the body, etc., that awareness of the body that we already have. Although, many do not know what is inside. They only know the skin, but we can know everything that is inside the body, all the machinery, the body like the car. The driver, the conductor, is not a car, he uses the machinery of the car to move.

The same happens to us with the body: one is not the body, but it is our instrument, our vehicle. With the body we walk, run, travel, and do everything. The body is sacred, the body is not despicable; with the body we pray; with the body we meditate; with the body we seek wisdom; we elevate ourselves to GOD; with the body we study, love, work, etc. But in times of ignorance, people misused the body and that is where illnesses, vices, drugs, violence against the body come from, because there is no greater violence than making your body sick, eating badly, drinking badly, a lack of respect for your being that needs the body to live its destiny.

In the Initiatic school, you learn this knowledge and these techniques to go to the great discovery, to the encounter with yourself, so that you are aware of your destiny, the route you have in your life. When a plane takes off from the airport it has a destination, when a ship takes off from the port, it has a destination. When it is stored in the airport, well, the plane has no destination. When we are born it is because we have a destiny. If we are not born yet, we are stored in the etheric, astral airport, but when we are born, that is where destiny begins.

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